

Connecting Together

1. Have you ever experienced a season where you felt physically, emotionally, mentally, or spiritually exhausted? What contributed to it?

Connecting to the Passage

1. Read **1 Kings 19:1-4**

- What surprises you most about Elijah's response after the victory on Mount Carmel? Why do you think Elijah's fear and discouragement seem so out of place after everything God had just done?
- The message emphasized that "pressure reveals what success conceals." What fears, weaknesses, or struggles did pressure reveal in Elijah?

2. Read **1 Kings 19:5-8**

- What stands out to you about God's response to Elijah? Why is it significant that God cared for Elijah's physical needs before addressing his spiritual perspective?
- What does this passage teach us about God's heart toward weary and discouraged people?

3. Read **1 Kings 19:9-14**

- Why do you think God was not in the wind, earthquake, or fire, but instead spoke through a gentle whisper? What do you think Elijah needed to learn at Horeb that he could not learn on Mount Carmel?
- What are some ways we can become so focused on what we want God to do that we miss God's presence with us?

4. Read **1 Kings 19:15-18**

- How did God correct Elijah's perspective about being alone? Why do you think God gave Elijah a new assignment instead of allowing him to remain in the cave?

Connecting to Application

1. Where are you currently feeling pressure in your life? How has that pressure affected your faith, perspective, emotions, or relationships? Is there an area where you have been isolating yourself instead of inviting others into your struggle? What would it look like to take a step toward community this week?
2. What would it look like for you to prioritize rest and renewal in this season? In what area of your life might God be inviting you to trust His presence rather than demanding immediate solutions?
3. What's your next step this week?

nbchurchcf.org

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Current Series

UNDER PRESSURE

THE PRESSURE IS REAL, GOD'S PRESENCE IS GREATER.

WELCOME

June 14, 2026



WORSHIP ORDER

CALL TO WORSHIP
GREAT THINGS
GLORIOUS DAY
OFFERING
WELCOME
GREETING
HERE AGAIN
HOLY SPIRIT
MESSAGE
COME ALIVE
SEND OFF AND PRAYER

 **NORTHAMPTON**
BIBLE CHURCH

Love God | Love People | Make Disciples

UPCOMING

SUNDAY MORNING PRAYER

In the Café at 8:30

Plan to come if you would like to take part in praying for Sunday mornings and each other.

PRAYER CHAIN

Please contact Marcia Peters at care@nbchurchcf.org if interested in joining Northampton's prayer chain. If you have prayer request needs, please email them to care@nbchurchcf.org; if you don't email, nbchurchcf.org/prayer.

CARE MINISTRY

If you, or someone you know, has a need for prayer, meals, or other assistance, please fill out a request card located at the back of the church and drop it in the collection basket or email your request to care@nbchurchcf.org.

DISCOVER NORTH

TODAY, following the morning service.

Meet pastors, leaders, hear the vision and find your next step.

VBS – BEGINS TOMORROW!

REGISTER TODAY!

Ages 5-5th Grade, 6:00-8:30PM



FATHER'S DAY

Next Sunday, June 21

Join us for Deli & Dips for Dads

After the Worship Service

All Are welcome!

THE GOLDEN GATHERERS

Saturday, June 27, 4:00-6:00pm

If you are age 60 and up, join us for a **Game Day** at Northampton! Bring your favorite game (optional), a finger snack and beverage. **Sign up in the Church Center App.**

PARTNERSHIP AND BAPTISM

Sunday, June 28

If you are interested in Baptism and/or Partnership at Northampton, **please fill out the form in the Church Center App.**

YOUNG ADULTS ULTIMATE

COOK-OFF!

Sunday, June 28

You're invited to **join us between 4-7pm** for our Cooking Competition! **Sign up in the Church Center App.**

MESSAGE NOTES

Pastor Joe Pryor

What feels like breaking down may actually be God building you up.

1 Kings 19

Four Things Elijah Learned In His Weakness:

1. Pressure Reveals What Success Conceals

Pressure revealed:

Burnout often causes us to make _____ conclusions based on _____ feelings.

2. God _____ for us before He _____ us

3. God's power may _____, but God's presence _____

4. God uses pressure to _____ us

In the face of pressure and burnout:

1. Stop seeing your exhaustion as _____

2. Don't miss God's _____ because you're looking for God's _____

3. Trust and rest in the fact that God is _____ than you can see



Check out classes and next steps: www.nbchurchcf.org/nextsteps/

Next week: **Under Pressure**

When Life's Not Fair | Genesis 39-41

