

1. When you were a kid, who was the person you ran to for help when you were scared or in trouble? As an adult, where do you tend to look first for help when life gets hard (friends, money, control, self, God, etc.)?

2. Read **Psalm 121**.

What words or images stand out to you the most? Why?

In **verses 1–2** the psalmist looks to the hills but quickly shifts to the Creator of heaven and earth. Why is it significant that our help doesn't come from creation, but from the Creator? (Cross-ref: **Colossians 1:16–17**)

**Verses 3–5** emphasize that God watches over us and never sleeps. How does this contrast with human “protectors” who can fail, grow tired, or overlook us?

**Verses 7–8** promise God will keep our life “both now and forevermore.” How does this connect to Jesus’ words in **John 10:28–29**?

3. Which of these truths about God do you need most in your life right now: Creator (power), Protector (care), or Preserver (faithfulness)? Why?

4. In what areas of life are you tempted to look for help apart from God? What might it look like to redirect that trust back to Him this week?

5. How can this Psalm change the way you pray when you feel overwhelmed or uncertain? If you really believed **Psalm 121** to be true in your daily life, how would your worries, habits, or decisions look different?

Consider each day this week, begin your prayer by saying out loud: **“My help comes from the LORD, the Maker of heaven and earth” (Ps. 121:2).**



CURRENT SERIES



NEW TO NORTHAMPTON?

We're glad you're here! Take a moment to fill-out a **Connection Card** and let us know more about you! If you have children or teens, we have great, safe options for Children's & Student Ministry! Complete info can be found at: [www.NBchurchCF.org!](http://www.NBchurchCF.org)

MESSAGE SERIES

**TODAY'S MESSAGE**  
Summer Road Trip Playlist  
*Hope for the Road Ahead: Psalm 121*

**NEXT SUNDAY**  
**HALLOWED**  
*The Power of God's Name*

WORSHIP ORDER

- I BELIEVE
- WELCOME
- GREETING
- FIRM FOUNDATION (HE WON'T)
- OFFERING
- CORNERSTONE
- HOLY, HOLY, HOLY
- MESSAGE
- O PRAISE THE NAME
- SEND OFF AND PRAYER

CLASSES & LIFE GROUPS

<b>SUNDAYS</b> Young Adults Class Room 203	<b>THURSDAYS</b> 7:00PM Men's Bible Study
The Gospel According to John Study Room 201   9:15am	<b>VARIOUS DAYS</b> LIFE Groups Real-Life Discipleship
<b>WEDNESDAYS – 6:00PM</b> NBstudents(Grades 6-12) See the summer calendar	

NEXT STEPS

**REAL-LIFE DISCIPLESHIP CLASS**  
Begins Sunday, September 7  
Sign up in the Church Center App.

GET CONNECTED

333 W. Steels Corners Rd. | Cuyahoga Falls, Oh  
@nbchurchcf



# UPCOMING AT NORTHAMPTON

## WELCOME!

We're glad you have decided to join us online or in-person! We want you to know that you are welcome here! Please take the time to fill out our online Connection Card and down-load the Church Center App to stay connected! Thanks for joining in!

## CHURCH CENTER APP

Interested in joining a team, a LIFE Group or signing up for an event? Download the **Church Center App** (from your app store), choose **Northampton** as your church, and you are all set!

## SUNDAY MORNING PRAYER – 8:30

If you would like to take part in praying for Sunday mornings and each other, join us in the Café.

**PRAYER CHAIN** - Please contact Marcia Peters at [care@nbchurchcf.org](mailto:care@nbchurchcf.org) if interested in joining Northampton's prayer chain. If you have prayer request needs, please email them to [care@nbchurchcf.org](mailto:care@nbchurchcf.org) or if you don't email, [www.nbchurchcf.org/prayer/](http://www.nbchurchcf.org/prayer/).

## CARE MINISTRY

If you, or someone you know, has a need for prayer, meals, visitation, or other assistance, please fill out a request card located at the back of the church and drop it in the collection basket or email your request to [care@nbchurchcf.org](mailto:care@nbchurchcf.org).

## NOISE-CANCELING HEADPHONES

Available at the Children's Check-In Desk for anyone desiring to use them during service for sensory reasons.

## DRIVE-THRU DONUT CREW

If you would like to be part of the crew to setup, serve donuts and coffee to the community - here's your opportunity! **Setup begins at 6am.** Use the Church Center App to sign-up each week!

## FILL THE CRIB

Help us fill a crib for Akron Pregnancy Services. They are in need of **body wash for mom & dad, baby grooming kits, and baby wash & lotion.** Items will be collected through the month of September and at each Drive-Thru Donuts.

## REAL-LIFE DISCIPLESHIP

The next Real-Life Discipleship class will begin **Sunday, September 7 from 9:00-10:30am** (and run for 11 weeks). There are 12 spots available. For more information or to register, check out our website or the Church Center App!

## RAHAB Ministries Training

Saturday, September 13, 10:00-11:30am  
This training is designed for anyone in the community who wants to understand the way social media and pornography impact the sex trafficking industry, and the impact that it has on our students. Register on the Church Center App.

## CONCESSIONS

We are putting together a team of 10-12 people to run the concession stand for the CVCA home football game on **September 5.** You would need to **arrive by 6:00pm** and plan to stay through the end of the game. If you would like to be part of the team, **sign up in the Church Center App!**

## BROTHERS IN FAITH

This is a group for young men, aged 18-25, to make friends with other believers, enjoy fellowship, pray for each other, dive into scripture and strengthen their relationship with Christ! **We meet every other Saturday in the Overflow Room at 7:00pm.** Contact Christian at [christian91404@gmail.com](mailto:christian91404@gmail.com) for more information!

# MESSAGE NOTES

Pastor Joe Pryor

**Big idea:** Our ultimate help doesn't come from our surroundings, circumstances, or self-sufficiency, it comes from the Lord Who watches over us.

## Three truths about God's help in our lives:

1. God is the \_\_\_\_\_

*Where are you looking for help right now: your own strength, others' approval, financial security, or God? How does remembering God as Creator reshape your perspective on your current struggles?*

2. God is the \_\_\_\_\_

*Do you live as if God is actually watching over every step you take? How would your anxiety change if you really trusted that God never takes His eyes off you?*

3. God is the \_\_\_\_\_

*How do you define "harm": is it only physical and circumstantial, or eternal? How does trusting God as Preserver free you to live with courage instead of fear?*

## If God is these things for us, then your possible next steps are:

1. Shift your \_\_\_\_\_ (Psalm 121:1–2)

2. \_\_\_\_\_ Before You \_\_\_\_\_ (Philippians 4:6–7)

3. Rest in God's \_\_\_\_\_ (Matthew 11:28–30)

4. Live \_\_\_\_\_ (Romans 8:31)