

1. When is it easiest for you to praise God? When is it hardest? What's one thing you're grateful for today—big or small?

2. Read **Jonah 2:1–10**.

What stands out to you in Jonah's prayer?

Why is it significant that Jonah thanks God before he's rescued?

What does this reveal about Jonah's view of God, even in the middle of his mess?

Do you think Jonah expected to be delivered? Why or why not?

3. Towdah is a sacrifice of praise offered in faith—often before the outcome is seen. How is that different from the way we usually give thanks?

4. Read **Psalms 50:23** – “**The one who offers thanksgiving [Towdah] as his sacrifice glorifies me...**”

What do you think it means that this kind of praise glorifies God? Why does it matter to Him?

5. What situation in your life right now feels unresolved, overwhelming, or out of your control? Would it be possible to offer Towdah praise in the middle of it? Why is it so hard to worship in the middle of a storm? What tends to hold you back? How might thanking God before the breakthrough actually grow your faith and deepen your trust in Him?

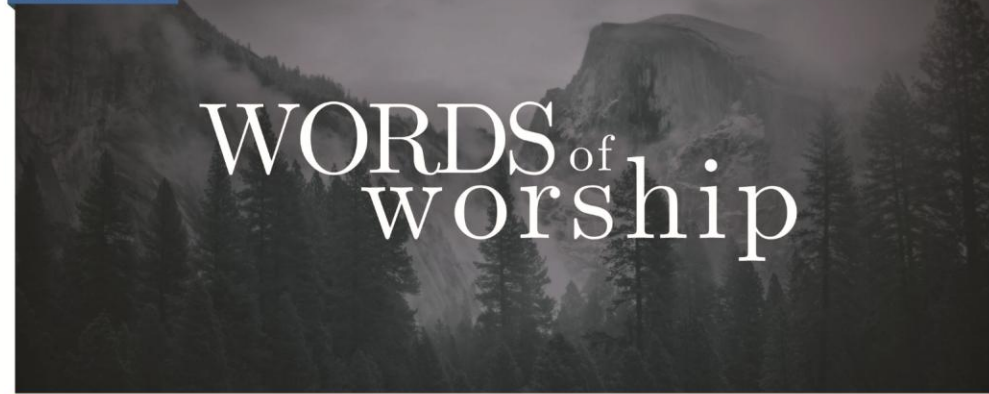
6. What's one practical way you can express Towdah this week?

Examples:

- Praying a Psalm of thanksgiving
- Singing worship songs with a grateful heart before anything changes
- Writing a journal entry thanking God for what He will do



CURRENT SERIES



NEW TO NORTHAMPTON?

We're glad you're here! Take a moment to fill-out a **Connection Card** and let us know more about you! If you have children or teens, we have great, safe options for Children's & Student Ministry! Complete info can be found at: www.NBchurchCF.org

MESSAGE SERIES

TODAY'S MESSAGE:
Words of Worship
TOWDAH

NEXT SUNDAY:
Words of Worship
BARAK

WORSHIP ORDER

ONLY A HOLY GOD

WELCOME

GREETING

CORNERSTONE

OFFERING

I NEED YOU

COMMUNION

COMMUNION

MESSAGE

COME LORD JESUS (EVEN SO COME)

SEND OFF AND PRAYER

CLASSES & LIFE GROUPS

SUNDAYS

Young Adults Class
Room 203

The Gospel According
to John Study
Room 201 | 9:15am

WEDNESDAYS – 6:00PM
NBstudents (Grades 6-12)
See the summer calendar

WEDNESDAYS

6-8:00PM - EHS

THURSDAYS
7:00PM
Men's Bible Study

VARIOUS DAYS
LIFE Groups
Real-Life Discipleship

NEXT STEPS

Starting Point Lunch
Next Sunday, June 8
Today is the deadline to sign up in the Church Center App.

GET CONNECTED

333 W. Steels Corners Rd. | Cuyahoga Falls, Oh



UPCOMING AT NORTHAMPTON

WELCOME!

We're glad you have decided to join us online or in-person! We want you to know that you are welcome here! Please take the time to fill out our online Connection Card and download the Church Center App to stay connected! Thanks for joining in!

CHURCH CENTER APP

Interested in joining a team, a LIFE Group or signing up for an event? Download the **Church Center App** (from your app store), choose **Northampton** as your church, and you are all set!

SUNDAY MORNING PRAYER – 8:30

If you would like to take part in praying for Sunday mornings and each other, join us in the Café.

PRAYER CHAIN - Please contact Marcia Peters at care@nbchurchcf.org if interested in joining Northampton's prayer chain. If you have prayer request needs, please email them to care@nbchurchcf.org or if you don't email, www.nbchurchcf.org/prayer/.

CARE MINISTRY

If you, or someone you know, has a need for prayer, meals, visitation, or other assistance, please fill out a request card located at the back of the church and drop it in the collection basket or email your request to care@nbchurchcf.org.

NOISE-CANCELING HEADPHONES

Available at the Children's Check-In Desk for anyone desiring to use them during service for sensory reasons.

MERCY FUND

The monies in the Mercy Fund are used to help families in need. If you would like to contribute to this fund (in addition to your regular giving), please select that option in the Church Center App, or indicate on an envelope when you give this morning.

STARTING POINT

If you're new to Northampton, please plan to attend our next lunch on **Sunday, June 8, 12:30pm** to learn more about who we are, what we do and why we do it! **Today is the deadline to sign up in the app or at nbchurchcf.org.**

WOMEN'S BIBLE STUDY

First Saturday of each month from 9am-10am in the Café. Facilitated by Cindy Worrone and Danielle Cordes.

MEN'S BREAKFAST

Saturday, June 14, 8:00

At Northampton

Sign up at the Connection Wall in the foyer.



VACATION BIBLE SCHOOL

JULY 14-17, 6:00-8:30PM

Join us this year for a fun-packed VBS! Registration is live on the Church Center App and the website. If interested in helping, Kelly Pryor would love to talk to you!

MESSAGE NOTES

Pastor Joe Pryor

TOWDAH

“An extension of the hand in thanksgiving; a sacrifice of praise offered in faith—often before the outcome is seen.”

Jonah & Towdah - Jonah 2

What might it look like for you to Towdah in your circumstances?

“Whoever offers a thanksgiving sacrifice honors me, and whoever orders his conduct, I will show him the salvation of God.”

- Psalm 50:23 (CSB)