



## LIFE Group Study Guide

1. Spiritual warfare is a reality in our lives. What evidence have you seen in the physical realm that there is a battle going on in the spiritual realm?

2. When it comes to spiritual warfare, why is prayer so important? What do the following verses have to say about prayer? How would you apply them to spiritual warfare? What others might you add?

:: [Philippians 4:6-7](#)

:: [1 Thessalonians 5:16-18](#)

:: [Colossians 4:2](#)

:: [Hebrews 4:16](#)

3. Read [Ephesians 6:10-18](#). Discuss how you can practically live this passage out. In other words, how does a Christ follower win the spiritual battle everyday? Why should we desire to win the battle? If we are “winning”, what does that look like?

4. Is it possible to be successful in battle apart from God? What verses can you point to that would say this? In what ways do we tend to try to fight the battle on our own? Why is this a bad idea?

5. Of the four UP statements, which one do you need to focus on this week? What practical things can you do that will help you take steps to be transformed in this area this week?



### ACCESS TODAY'S MESSAGE

Our website is designed to be a helpful tool for all things Northampton. At [NBchurchCF.org](http://NBchurchCF.org) you'll find: our church calendar, key events, email and text alert sign-ups as well as access to this week's message and past messages - all from your computer, tablet or smartphone!

### INFORMATION FOR OUR GUESTS

#### Next Step Spiritual Growth Opportunities

A great next step from the Worship Service on Sunday mornings is to connect with Spiritual Growth Opportunities: **Bible Classes at 9:30am** on Sundays as well as **LIFE groups** and other Bible Studies at various times during the week.

#### Children's & Youth Ministry

We have a safe place for your children and teens! There are several environments throughout the week for preschoolers, children, middle & high school students to take part in, connect with friends and grow in their relationship with Jesus.

Complete info can be found at: [NBChurchCF.org](http://NBChurchCF.org)

### FOR FURTHER STUDY

Whether you're in a LIFE group now or not, use this study guide to help you as you listen to the message and during the week as you dig deeper into God's Word through the "LIFE Group Study" section. All of this is designed to help you along the path of discipleship to **Believe** > **Belong** > **Become** like Jesus!



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# MESSAGE NOTES

**SUPERNATURAL: Spiritual Warfare 101**

Pastor Joe Pryor

“For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.” **Ephesians 6:12**

## 1. The Christian life is not a PLAYGROUND, it's a BATTLEGROUND

### 2. Winning the Spiritual Battle comes when you look UP

a. **PRAY** UP!

*“...praying at all times in the Spirit, with all prayer and supplication.” Ephesians 6:18 ESV*

*“pray without ceasing,” 1 Thessalonians 5:17 ESV*

b. \_\_\_\_\_ UP!



**Belt of** \_\_\_\_\_

v. 14

*I can apply this to my life by...*



**Breastplate of** \_\_\_\_\_

v. 14

*I can apply this to my life by...*



**Shoes of** \_\_\_\_\_

v. 15

*I can apply this to my life by...*



**Shield of** \_\_\_\_\_

v. 16

*I can apply this to my life by...*



**Helmet of** \_\_\_\_\_

v. 17

*I can apply this to my life by...*



**Sword of the** \_\_\_\_\_

v. 17

*I can apply this to my life by...*

c. \_\_\_\_\_ UP!

v. 10

d. \_\_\_\_\_ UP!

v. 11, 13-14

The **BATTLE** is **REAL**  
Our **ENEMY** is **DETERMINED**  
The **COST** is **HIGH**  
The **STAKES** are **ETERNAL**  
Our **GOD** is **FAITHFUL**